



SUU HEAD START
2390 W. Highway 56 Ste 1
Cedar City, UT 84720
(435) 586-6070
800-796-6070

FLUORIDE TABLET SUPPLEMENT CONSENT FORM

Head Start is committed to helping your child build a solid dental foundation. Fluoride helps baby teeth and developing permanent teeth by making them stronger. When there is little or no fluoride in local drinking water, fluoride tablets may be prescribed for children to use every day (ages 6 months to 16 years old).

Toothpaste also provides fluoride. The toothpaste that your child uses in class has fluoride.

Cavities are reduced the most when children get fluoride from both toothpaste and tablets.

With your permission, SUU Head Start will provide 0.5 mg fluoride tablets to your child each day they are in class.

While your child's participation in this program is important, we do not want your child to receive too much fluoride. Too much fluoride causes fluorosis. It is essential for us to know if your child gets fluoride in tablets, drops or vitamins at home.

Please complete the form below and return to your child's teachers.

Yes No Is your child getting fluoride at home?
(tablets, drops or in vitamins)

I would like my child to receive fluoride tablets in Head Start.

I **DO NOT** want my child to receive fluoride tablets in Head Start.

Child's Name: _____

Parent/Guardian Signature: _____ Date _____