

COLLEGE OF HEALTH SCIENCES

* SPRING 2024 NEWSLETTER *



J. TONY OLIVER - COHS DEAN

Greetings from the College of Health Sciences at SUU. We hope the beautiful Spring is treating you well. As we conclude another successful semester, I want to personally thank you for your support of students who are pursuing an academic credential offered by COHS. Student success is the undisputed **TOP PRIORITY** of COHS and is at the heart of everything we do and attempt to accomplish as faculty and staff in the college. There is no more rewarding, work-related experience than that of celebrating with graduating students each Spring semester at both the SUU Commencement and COHS Convocation ceremonies. This was the case again as we hosted the 2024 COHS Convocation ceremony on Friday, April 26, 2024 to celebrate 330 graduates of COHS programs. It was an added pleasure to have Utah Lieutenant Governor Deidre Henderson on campus as our special guest during the ceremony to celebrate the graduation of one of her children from a COHS academic program. Staying collectively committed as faculty and staff to our **TOP PRIORITY** of student success is my greatest hope for COHS moving forward. Best wishes for a fantastic summer!

Dean J. Tony Oliver

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BROOKLYN HENDERSON

AY 23-24 COHS Student Senator



Hello everyone! I'm Brooklyn Henderson, your College of Health Science Senator for the 2023-2024 academic year. As a nursing major graduating from the Nursing Program in Spring 2024, I had the pleasure of co-chairing the College of Health Sciences' Student Advisory Committee alongside Dean Oliver.

Our mission throughout the 2023-2024 academic year has been clear: to serve and represent the students of the College of Health Sciences and the broader community. We've worked collaboratively across diverse disciplines, aiming to increase involvement and foster a strong sense of community while continuously improving the student experience and promoting a deep feeling of belonging.

Throughout the school year, our goal was to reinforce established traditions and create new ones within the College of Health Sciences, building a stronger community. We achieved this by successfully hosting our inaugural College Week, titled "Health Sciences Week," which showcased different clubs under the College of Health Sciences, including the Agriculture Club and the Student Nurses Association. We collaborated with campus resources such as the Hope Pantry and the Local Events & Activities Program (LEAPS) to promote health and wellness through various events. We also hosted the 2nd annual 5K Fun Run on April 20th with 140 participants, including students, faculty, staff, and alumni.

As a Senator, I secured funding for both the 5K Fun Run and Health Sciences Week through the passage of SUUSA bills. Last semester, I also advocated for and successfully passed a bill securing funding for the Hope Pantry to combat food insecurity on campus.

I want to express my deep gratitude and appreciation for the members of the student advisory committee and Dean Oliver, who supported our initiatives for the College. It was an honor to be part of such a dedicated committee. As I pass the torch onto Landon Lee, I am confident that Landon will accomplish great things for the College of Health Sciences.

Best,

Brooklyn Henderson

STUDENT ADVISORY COMMITTEE

Our mission is to serve and represent the students of the College of Health Sciences and the broader community, by working collaboratively as representatives of diverse disciplines. We are committed to increasing involvement, fostering a strong sense of community, continuously improving the student experience and instilling a deep feeling of belonging.



COHS Senator
B. Henderson



COHS Student Ambassador
B. Austin



ORPT Representative
M. Bunn



KOR Representative
E. Brown



Pre-Nursing Representative
N. Flores



Human Nutrition Representative
D. Goebel



MAT, KOR Representative
K. Horton



Agriculture Representative
B. Humphries

COHS ADVISORY BOARD

'THANK YOU' to these experienced professionals for investing time and energy into advising COHS to insure high quality and current academic programs.



**Kinesiology
+ Pre-Physical Therapy**
Ashley Aardsma



**Exercise Science +
Pre-Physical Therapy**
Benjamin Bahr



**Sports Conditioning
& Performance**
Natalie Suazo



Nutrition
Artis Grady



Athletic Training
Ashlee Humphries



Nursing
Alan Pearson



Exercise Science
Sean Davis



PE Teaching/ Coaching
Jeff Rudy



Athletic Training
Hailey Rushton



Agriculture
Dave Staheli



Outdoor Recreation
Board Chair = Paul Roelandt

COLLABORATOR OF THE YEAR



Dean Winward
Associate Professor

On January 3rd **Dean Winward** was presented the “Enterprise & Iron Conservation District Partner of the Year” award. Named as Collaborator of the Year, Winward was recognized at an awards banquet at Milt’s Stage Stop, and was given a jacket (pictured on left). A combined effort was made between the Agriculture program’s faculty; **Lee Wood, Chad Gasser,** and **Mitch Greer;** past and present students, several of who are now serving on the E&I board, and SUU’s farm manager and assistant manager **Morgan Christensen** and **Andy Heaton.** Some collaborative work that has been done by Dean includes helping with the Conservation Tree and Shrub Program. Congratulations Professor Winward

In the Agriculture industry, there was a need for a more efficient way to irrigate, and so the SUU farm was able to conduct research on the Low Elevation Spray Application (LESA) systems.

These efficient studies in 2018 led to more than 2,000 acres of alfalfa fields in the Cedar Valley to be converted with the help of E&I Conservation District & the Water District acquiring funds from the Utah Legislature to make this happen. The next step was dedicating a program to converting traditional pivot nozzles to high-efficiency LESA nozzles that research shows can achieve 95 percent efficiency. Utah State University and **Southern Utah University** are currently collaborating in a research study to determine the most water-efficient ways to irrigate agricultural land in Utah. With Cedar Valley farmers as one of the main focuses, this research is happening locally on the **SUU Farm** along with several other locations in Utah.



CENTRAL IRON COUNTY
WATER CONSERVANCY
DISTRICT

2024 ANNUAL AGRICULTURE TRIP

From January 10-14, 2024 twenty four AG students, **Dean Winward**, and **Chad Gasser** attended the annual Agriculture Department Trip. This year the group went to Colorado and had the opportunity to tour Colorado State University's meat lab and their equine facilities, Vista Equine's horse reproductive center, Horton Feedlot tour, the National Center for Genetic Resources Preservation on CSU campus, the world famous Greeley Hat Works, National Western Stock Show and Rodeo (NWSR) in Denver, and the Coors Brewery. The main focus for the annual agriculture trip was to educate students by relating different operations to agriculture, while also experiencing the advanced technology. **Bryson Humphries**, the President of the Agriculture Club stated, "Something that impacted me the most from this trip was the way these businesses advocate for agriculture. They stressed to us that how we continue the agriculture industry is very important and the decisions we make can impact a LOT of people. Agriculture is the most important industry in the world and we have a responsibility to try to feed everyone in the best ways we can." These trips are essential for the exposure students receive when traveling; being able to learn from experiences outside of the classroom.



**Ag & Nutrition
Department Chair**
Chad Gasser



**Associate
Professor**
Dean Winward



**Agriculture Club
President**
Bryson Humphries



*All 24 students and Faculty Mentors



*NW Stock Show



*Tour of Coors Brewery



*Cows at Leachman's Cattle



*SUU AG Students in Colorado

AGRICULTURE/NUTRITION

FACULTY FARM TOUR

On March 14th Nutrition Faculty **Temí Ibiyemi, Celesta Lyman, Hannah Nickerson, Alyssa Davis, and Donna Kroff** toured the SUU Farm with **Lee Wood** as their guide.



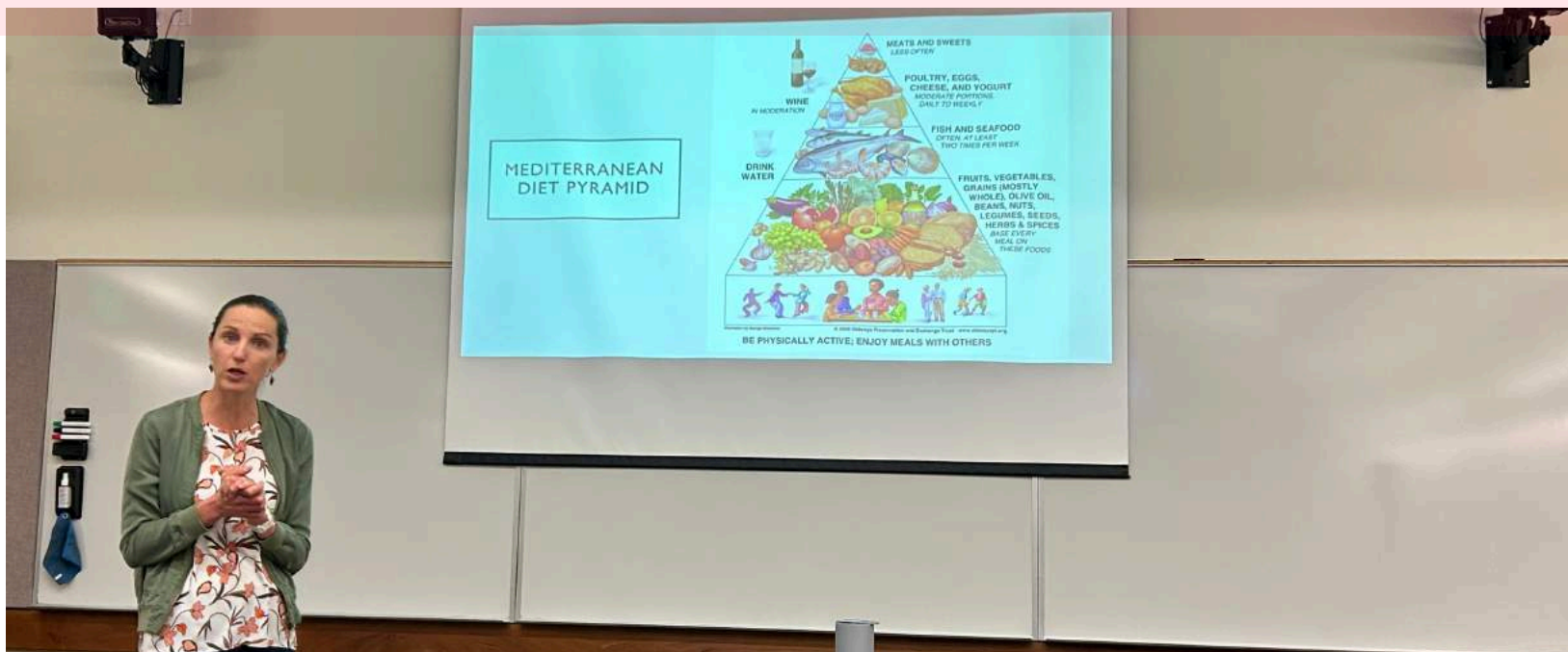
SPRING 2024 AG ADVISORY MEETING

Thursday, February 15th

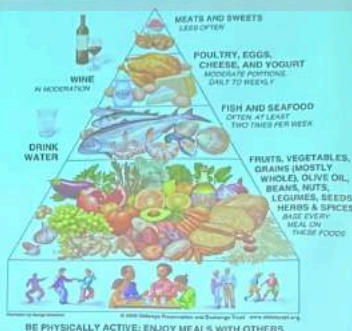


DIET EDUCATION AND AWARENESS

On March 5th **Elizabeth "Lizz" Hill**, along with other Nutrition faculty, presented at the 2nd Employee Wellness seminar. **Lizz** presented on the beneficial effects of a Mediterranean eating style (diet) for both mental health and physical well-being. She effectively highlighted the key components of a Mediterranean eating style including the food pyramid, suggested health benefits and meal ideas.



MEDITERRANEAN DIET PYRAMID



FALL 2024 DIETETICS PROGRAM

Congratulations to the first cohort of the MS Dietetics Program!

Left: **Professor Davis**, Hunter Torgersen, **Professor Lyman** (Program Director), Emma Sager, Margie Hammon, **Professor Hill**, **Professor Nickerson**, Ashly Carlson, Addisyn Mikkelson, Linzy Ballard, Ellie Busher, (not pictured - Kaitlyn Peterson).



FOOD SCIENCE FIELD TRIP

On March 20th students in the **Nutrition Food Science class** were able to travel to Richfield, UT to tour the new feed processing and meat packing plant center, Utah Beef Producers. The tour was timed perfectly with course content focusing on processing meat (covered the day before), and witnessing the beef processing process from the arrival of the cattle to the aging of the meat. Three Nutrition Faculty, nine Nutrition students, and four honorary guests attended the tour given by Henry Barlow. Learning about not only the process but the respect, purpose and sacrifice for the animals in completing the process in a humane way were priorities of the trip.



JOSEPH CLINGER AWARDED SUU BOARD OF TRUSTEES SCHOLARSHIP



Joseph Clinger

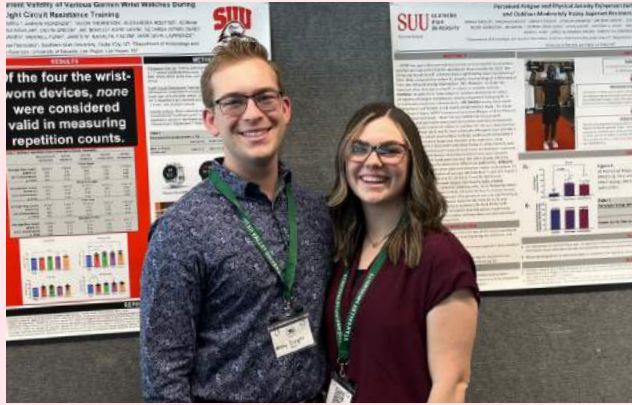
from Cedar City. One reason that attracted him to SUU was the small town, community feel of the campus.

For his future career, he is leaning towards medical school to become a doctor of osteopathic medicine working in either family medicine or emergency medicine. A burn incident that happened when he was younger influenced this decision to help others, as well as the flexibility to work anywhere. In Joseph's free time he enjoys reading, hunting, fishing, sports, wrestling, running, and spending time with friends. A piece of advice he would give to his freshman self would be, *"Everything I've done has made me into who I am today. I would just say be good at managing time, set up a schedule, stick to it, and enjoy it. This is supposed to be a fun process."* Joseph is a member of the Chemistry Club, in the presidency for Healthcare in Español, and the Language Service Society. He concluded by saying, *"I never thought I would be deserving of anything like this, I just feel like I do what any student should. It's nice to be recognized for it. As students we should just do our best to be our best and even after school, in our career or whatever it is everybody should just strive to do the best they can."*

Joseph Clinger, a junior majoring in Human Nutrition with dual minors in Biology and Chemistry, was nominated by Nutrition Faculty for the prestigious SUU Board of Trustees Scholarship. He went through various interviews as the COHS candidate in the competitive, university-wide process. Ultimately, Joseph was selected as the 2024 recipient of the award! Joseph is from Blanding, Utah a small town about five hours

EXERCISE SCIENCE STUDENTS ATTEND 2024 UCUR CONFERENCE

Five Exercise Science students attended the 2024 Utah Conference on Undergraduate Research (UCUR) at Utah Valley University in February. **Wesley Ziegler, Korina Ziegler, Aaron**



McKenzie, Ethan, and Anna Elder did an outstanding job representing KOR and COHS by presenting their research posters to attendees. These students were also able to participate in presentations and poster sessions of other students presenting research at the conference.

EXERCISE IS MEDICINE

SUU has been recognized by the American College of Sports Medicine's Exercise is Medicine Program for Creating Culture Wellness on Campus with Silver level recognition. Our amazing SUU EIM-OC Leadership Team **Marcus Lawrence** (EIM Supervisor), **Merrill Funk** (Health Fitness Expert), **Mark Siemon** (Healthcare Expert), **Korina Ziegler** and **Wes Ziegler** (EIM-OC



Student Representatives) have been invited to the EIM recognition ceremony during the upcoming ACSM's 2024 Annual Meeting in Boston, MA in June. SUU is honored to be one of only 145 Universities and College around the world to be recognized for our efforts to create a culture of exercise and wellness on campus.

M.A.T STUDENTS ARE QUIZ BOWL CHAMPS!

In March a group of students in the Master of Athletic Training program (MAT) participated in a student quiz bowl competition at the annual Rocky Mountain Athletic Trainers Association's (RMATA) clinical symposium in Provo, UT. Eight teams representing MAT programs from universities in Utah (SUU, UofU, BYU, WSU, and UT), Colorado (CSU-Pueblo), Arizona (NAU) and New Mexico (UNM) participated in the quiz bowl. SUU finished first overall in team scoring as well as finishing first, second and third as individual students. Three SUU students were awarded a trip to New Orleans, LA to participate in the national student quiz bowl at the annual National Athletic Trainers' Clinical Symposium in June. They will represent the RMATA district and compete against other teams representing the other districts in the country. Congratulations Champions!



(L-R) Maddie Wittemann, Anna Walker, and Rachel Smith

RAFTING THE GRAND CANYON

Erica Davis, a graduating senior ORPT student, rafted the Grand Canyon over Christmas Break. The ORPT Program encourages students to continuously expand their educational horizons. This is why students in KOR faculty member **Jason Burton's** ORPT 4745 course partnered with the Bear Lake Chamber of Commerce, Tempe Festival of the Arts, Hurricane Mt. Bike Festival, and Cedar City Bike Works during the year to provide service to these organizations and experiential learning about the profession to ORPT students.

Photo below:
Erica rafting the Grand Canyon



Photo above:
Erica's graduation

MSSCP STUDENT RESEARCH IS PUBLISHED

Ogochuckwu (Emma) Nwachukwu's thesis was published in the International Journal of Exercise Science in January 2024, and was entitled *"Effects of Supramaximal Anderson Quart-quats as a Potentiating Stimulus on Discus Performance in Division I Throwers: A Pilot Study"*

Katie Crawley (MSSCP graduate), had her thesis published in the Journal of Strength and Conditioning Research in January 2024, and was entitled *"Effect of Extreme Volume-Load Differences for a Single Unilateral Exercise During In-Season Resistance Training on Measures of Bilateral Strength, Power, and Speed in Collegiate American Football Players"*

LeighAnne Taylor Paulson presented her thesis at the Southwest Chapter of American College of Sports Medicine (SWACSM) annual meeting as part of the Graduate Student Research Competition (as one of only six graduate student participants across all of SWACSM) in October 2023. Her presentation/thesis was entitled *"Physical function in young and older adult active pickleball players"*. LeighAnne was also recently accepted in the BYU's PhD program (in Exercise Science) for the Fall 2024 semester.

Jim Healis has submitted a proposal for a national presentation at the NSCA National Conference in July 2024. His thesis is entitled *"Trends in American Female Youth Weightlifting Performance from 2015 to 2023"*.

Malorie Wilwand presented her thesis at the SWACSM annual meeting and will also be presenting at the national ACSM Conference in May 2024. Her final paper will be submitted for publication. She examined *the incidence of stress fractures and low energy availability in recreational female runners*. She was also accepted into the BYU PhD program in Exercise Science for Fall 2024.

KOR STUDENT & FACULTY ATTEND ACSM CONFERENCE

The SUU College of Health Sciences was represented well at the 2024 American College of Sport Medicine Annual Conference held in Boston, Massachusetts from May 28-31, 2024. **Dr. Merrill Funk** attended the conference with faculty member **Suzanne Young** and incoming faculty member **Justin DeBlauw**. **Malorie Wilwand** presented the results from her Master's Thesis, "Multiple Stress Fractures in Female Recreational Runners At Risk of Low Energy Availability". Over 4,000 people attended the conference in-person with thousands of abstracts presented. This allowed for interactions with other students and researchers to facilitate learning and cultivate ideas for improving teaching and future research. SUU was also recognized as a Silver Campus for the Exercise is Medicine - On Campus initiative which advocates for increased physical activity in university campus communities.



Photo above:
Dr. Funk receiving recognition on behalf of SUU as an Exercise is Medicine - Silver Campus.



Photo above:
Dr. Funk with incoming faculty member **Justin DeBlauw**.



Photo above:
Dr. Young with her poster.



Photo above:
Dr. Funk at the ACSM Conference.

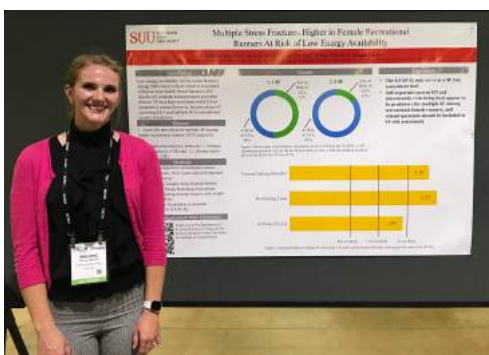


Photo to the left:
Master's student **Malorie Wilwand** presenting her poster



Photo on right:
Dr. Funk presenting research.

KOR ALUMNI SPOTLIGHT



Breanu Reid

Breanu Reid, from Oklahoma City, graduated in 2019 with a Bachelors degree in Exercise Science from Southern Utah University, and continued to further her education and earned a Masters degree from Southern Nazarene University in 2022. Initially, Breanu was more professionally interested in coaching women's basketball but was introduced to and gained more interest in a clinical profession that still had a placed a significant emphasis on

exercise. With existing interest in the exercise industry, and wanting to do something related to health and wellness, working in a hospital setting became the goal for Breanu. She is now back in Oklahoma and works as a clinical exercise physiologist at OU Children's Hospital in cardiology diagnostics. She regularly performs pediatric clinical exercise testing such as cardiopulmonary exercise tests, exercise stress tests, EKGs, and tilt table tests. In reflecting on her college experience she expresses, *"I can confidently say that it [SUU] played a crucial role in shaping the career path I chose today. One of the most valuable aspects of my college education was the rigorous academic curriculum that provided me with a solid foundation of knowledge and skills relevant to my field. The professors I encountered challenged me to think critically, communicate effectively, approach problems with creativity and innovation."*



Being part of the SUU Women's Basketball team was an amazing opportunity that **Breanu** cherishes and says that her teammates are some of her closest friends to this day and she enjoys watching them grow as women. Her favorite thing about SUU is the community. She



explains, *"I recently visited SUU for the 2023 women's basketball alumni event and it was such a great feeling seeing our boosters again as they will always make you feel like you are one of their own. When I attended SUU, being far from home wasn't easy. I am extremely grateful for the multiple invites for a home cooked meal from our booster families. Just one of many examples of how great the SUU community is."*

RECOGNITION FOR RN-TO-BSN PROGRAM

SUU's **RN-to-BSN Nursing program** has been recognized as one of the Best, Fastest, and Top online RN-to-BSN programs in Utah by RNTOMSN.org. The rankings consider affordability, program quality, reputation, admissions selectively, graduation rates, student debt and earnings. SUU Nursing is excited about the recognition and is committed to upholding the highest level of quality in their programs.



A TOP RANKED NURSING PROGRAM IN UTAH!

SUU Nursing Department has been ranked #2 in Utah for achieving the program goal of preparing students for professional nursing practice through quality, innovative education. SUU Nursing academic programs include the Bachelor of Science in Nursing, RN-to-BSN, and Master of Science in Nursing degrees, which focus on developing abilities in analysis, communication, critical thinking, problem solving, and ethical decision making.



SUZIE CAMPBELL NATIONALLY PUBLISHED

Suzie Campbell has been published in *Nursing Education Perspectives*. What was just a game she invented for her students to teach Social



Suzie Campbell
Nursing Professor

Determinants of Health turned into a successful innovative

teaching method accepted for publication. Being able to create a successful game and making it not only for students to be able to learn from but also a game for other educators to use has been impactful. Campbell has made a significant impact not only on her students, but also to the Nursing education community. Read more about the game Dr. Campbell invented in *Nursing Education Perspectives* (55th issue).



MOBILE WELLNESS VAN UPDATE

The **IPE Mobile Wellness Program** has been used primarily for Level 3 nursing clinical activities at Iron County Care and Share and the Cedar City Library. Nursing students have provided health screenings, including blood pressure and heart rate and participants have learned more about the goals of the IPE Mobile Wellness Program. Students have also participated in events such as the Festival of Excellence, and Festival City Farmers Market.



DR. DONNA LISTER RECEIVES AWARD OF EXCELLENCE



Donna J. A. Lister

Dr. Donna Lister was awarded the 2023 Patient Experience - Award of Excellence by Intermountain Health. Donna is part of a distinguished group of Intermountain physicians, advanced practice providers (APPs), and clinic teams that exceeded expectations for patient experience, quality, and population health. Her superior performance led to more patients receiving preventive care, condition management, and a positive patient experience. Congratulations Donna for your outstanding performance to earn this award!



PROFESSORS YARDLEY AND CAMPBELL RECEIVE NATIONAL SOCIETY OF LEADERSHIP SUCCESS HONORS



On Monday, April 8th Professor **Shane Yardley** (left), and **Suzie Campbell** (right) were honored with awards at the SUU National Society of Leadership and Success in the Great Hall of the Hunter Alumni Center. These professors were nominated by students to receive awards based on leadership characteristics and their positive impact on SUU Nursing students.



NURSING SPRING 2024 PINNING CEREMONY

On April 25, 39 Nursing Students graduated and received their Nursing pins.



On Left:
Cohort
Pinning
Ceremony



On Right:
Cohort Group
Photo



On Left:
Cohort Pinning
Ceremony
during speech
by student
Becky Howells

On right:
SUU Nursing
Student
**Maleigh
Kessler**
commissioned
as an officer
in the US Army



NURSING ALUMNI SPOTLIGHT



Hannah DeSandre-Smith

Since graduating from SUU in 2017, **Hannah DeSandre-Smith** has been working at the Primary Children's Hospital in Lehi, Utah. She started her academic journey at Utah State University then moved to Orem to attend Utah Valley University to earn her Associates Degree in Science. She and her husband then moved to Cedar City, was accepted into the SUU Nursing Program and obtained a Bachelor's Degree of Science in Nursing. Raised in Cache Valley, Utah

Hannah had always known she wanted to study Medicine. Through dabbling with being a paramedic and in emergency medicine she is now fully enjoying working with children in the surgical services of medicine. Working in the operating room as a level 15 Charge Nurse includes many different tasks for Hannah such as: endoscopies, broken bones, ear tubes, adenoidectomies, elbow pinning, hardware implant, appendectomies, removal of gallbladders, and colonoscopies.

A piece of advice **Hannah** would give to someone in a similar path is to *"do lots of research about different roles in the field and shadow various jobs. This will help with experience and assist with the (career) decision making."*

Hannah loved SUU for being a smaller university, and having one-on-one experiences during lectures

with professors. The clinical time in a hospital setting with hands-on experiences helped to prepare her for nursing in the hospital industry. It was hard for Hannah to have a favorite professor but SheriDawn Neilson's teaching style put her at the top of the list. Critical thinking, research, and asking questions were emphasized in the classroom which helped Hannah prepare for advocating and working with patients. When she was not in class, working, or studying at SUU, Hannah enjoyed the gymnastics meets, football and volleyball games.



***DeSandre-Smith** with colleagues.



FACULTY HIGHLIGHTS

WELCOME NEW STAFF & FACULTY!



Corrine Johnson is an Assistant Professor in the Nursing Department, coming from the University of Utah as a CNA Instructor and Nurse Clinical Instructor. She is from Kaysville and in her free time she enjoys running, hiking, and almost any outdoor adventure with friends or family. **Johnson's** favorite part of her job at SUU is to inspire and teach future nurses to become positive, patient-centered, and holistic nurses of tomorrow. New to SUU, a few of her favorite aspects so far are how welcoming the community is, and how supportive and helpful everyone has been. She is grateful to be part of SUU, COHS, and Nursing. **WELCOME CORRINE!**



Cherisha Lister started in the Nursing Department in the Spring of 2024 as a Nursing Program Coordinator. She assists students enrolled in online programs. She attended and graduated from Southern Utah University (SUU) in 2017 with a Bachelors degree in Interdisciplinary Studies. She has experience in a variety of professional fields including sales, bookkeeping, forest service, and agriculture including: livestock production, crop production, egg grading, and livestock brand inspection for the State of Wyoming. She recently bought two highland cattle and helps on the family farm. She is hoping to make an impact at SUU in helping students achieve their goals as she was able to achieve hers at SUU. **WELCOME CHERISHA!**

"SUU ON THE HILL" AT THE UTAH CAPITOL



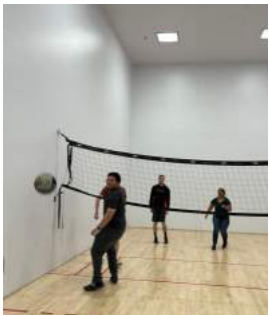
On January 30th, COHS **Dean Tony Oliver** was able to travel to the Utah Capitol building in Salt Lake City with university representatives for the annual "SUU on The Hill" day. SUU reps met with legislators to discuss the excellent COHS programs, students, and faculty! It was positive publicity for COHS!



SPRING 2024 HEALTH SCIENCES WEEK

Week Events:

- **Monday, March 18th:**
"Is Exercise Worth It?"
- **Tuesday, March 19th:**
Lifeline Workshop & Tour
- **Wednesday, March 20th:**
Wallyball with the Leaps Program!
- **Thursday, March 21st:**
Test Kitchen with the Hope Pantry!
- **Friday, March 22nd:**
Farm Friday!



COLLEGE HIGHLIGHTS

COHS ANNUAL AWARDS BANQUET

On April 15th COHS hosted the annual awards banquet to recognize and celebrate the outstanding students, faculty, and staff in the college!



COLLEGE HIGHLIGHTS

COHS HOSTS 5K "FUN RUN" ON APRIL 20

On Saturday, April 20th the **College of Health Sciences** hosted the 2nd Annual 5K "Fun Run" with over 140 participants to promote a healthy and active campus community. \$3,000 was raised to support student travel to professional conferences in AY 24-25. Thank you! to **Deseret Pain Specialists** and **SUU Student Association Senate** for sponsoring the event!



THE COLLEGE OF HEALTH SCIENCES PRESENTS

2024 5K FUN RUN

SIGN UP BY CLICKING "GIVE NOW" AND SIGN THE WAIVER USING THIS QR CODE!



SATURDAY
APRIL 20

CHECK IN BEGINS @ 8 A.M.
RUN START TIME @ 9 A.M.
MEETING WEST OF THE AFED

SUU STUDENT & KIDS UNDER 18- \$15 | SUU FACULTY/STAFF- \$20 | NON-SUU ADULTS- \$25

100% of net proceeds from registration fees & donations applied directly to student funding to financially support students in their academic professional development in 2024



BAILEY JEPPESEN - 2024 COHS VALEDICTORIAN



Bailey Jeppesen

Bailey Jeppesen is the COHS 2023-2024 Valedictorian. She is from Tooele, Utah majoring in Nursing with minors in Spanish and Nutrition. She has attended SUU all four years and knew it was the right place for her when she would visit her brother and noticed how much he loved the campus, the friendly atmosphere, and of course, the outstanding Nursing program. Cedar City offered

Bailey the opportunity to do what she loves:

camping, fishing, and backpacking. After graduating, she will be moving to Boise, Idaho and working at St. Luke's Medical Center in the Cardiology and ICU units. Although she is sad to leave Cedar she has expressed how excited she is for a new adventure. **Bailey** knew she wanted to pursue nursing since she was in high school and worked as a medical assistant at a family practice working with in pediatrics and with elderly. *"Nursing provides a lot of flexibility... you don't have to choose just one specialty. There is so much you can do in nursing."*

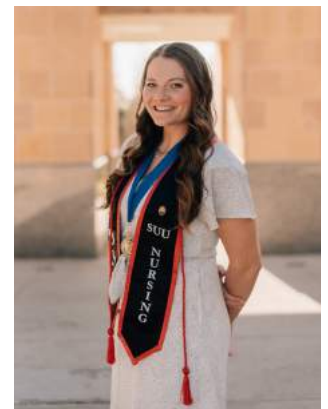
Outside of classwork **Bailey** loves pickleball, running, and has been involved in intramural sports like basketball, volleyball, and pickleball. Her freshman self advice is, *"have fun every day because it goes by too fast"*. She is a member of the Student Nursing Association (SNA), Spike ball club, and works in the Cedar City LDS Institute. Some quotes that have motivated **Bailey** throughout the years include, *"hard work always pays off"* (dad) and *"adversity reveals genius, prosperity conceals it"* (grandpa) and Philippians 4:13, *"I can do all things through Christ which strengtheneth me"*. Congratulations and best wishes in Boise, Bailey!



COHS 2024 COMMENCEMENT

CONGRATULATIONS 2024 COHS GRADUATES!

TOTAL	DEGREE	MAJORS
34	BS	Agriculture
5	MAT	Athletic Training
5	AAS	Equine Studies
74	BS	Exercise Science
1	BS	Exercise Science, Human Nutrition
26	BS	Human Nutrition
1	BS	Human Nutrition, Economics
1	BS	Human Nutrition, Exercise Science, Spanish
6	MSN	Leadership and Administration
1	MSN-MBA	Leadership and Administration, Business Administration
117	BSN	Nursing
3	BSN	Nursing, Human Nutrition
19	BS	Outdoor Recreation in Parks & Tourism
20	BS	Physical Education Teaching/Coaching
1	BS	Phys Ed Teaching/Coaching, Psychology
16	MS	Sports Conditioning and Performance
330	Total	Graduate and Undergraduate Programs



COHS 2024 COMMENCEMENT

CONGRATULATIONS 2024 COHS GRADUATES!



PREVIEW OF 2024-2025 ACADEMIC YEAR

Have a great summer
COHS T-Birds!

Best wishes to all graduates in
your next phase of life! Please
keep in touch with COHS!

We look forward to seeing all
returning students back on
campus in August 2024!

COHS is excited to launch the
**Master of Science In Nursing-
Family Nurse Practitioner**
&
the **Bachelor of Science-
Integrative Health Sciences**
degrees in Fall 2024!

SUPPORT COHS

By supporting the **College of
Health Sciences**, you can
make a significant impact
towards assisting students
achieve their academic goals
and professional aspirations.

COHS is committed to
providing distinct local, state,
national and international
learning opportunities to
students. The **COHS Dean's
Innovation Fund** was created
to facilitate these unique
experiences and opportunities
that will enhance a student's
experiential learning, career
preparation, and cultural-
community competency.

[Donate Now *](#)*



COHS IS GRATEFUL FOR
YOUR SUPPORT OF OUR
STUDENTS, FACULTY,
STAFF, AND ACADEMIC
PROGRAMS.

-Dean J. Tony Oliver