

Non-Traditional Student Services
MAY NEWSLETTER



Non-Trads, the Summer Semester is almost Here! ☐

We've got your back! ☐ Our office doors are wide open all semester long, ready to support you. Whether you need guidance, assistance, or just a friendly chat, drop by or give us a call. We're here to help you thrive!

Included in this newsletter is a short poll about our newsletter! Please take the time to answer the ONE question at the end of the newsletter to help us out!

**CONGRATULATIONS TO ALL OUR NON-TRAD
GRADUATES! ☐**



Your hard work, dedication, and perseverance have paid off, and we couldn't be prouder of your accomplishments. As you celebrate this significant milestone, we want to remind you that we are here to support you in your academic journey.

For those considering furthering your education in **Graduate School**, we have valuable information and resources available to help you make informed decisions and achieve your academic goals.

Keep reaching for the stars, and know that we are cheering you on every step of the way!

[SUU Graduate Studies](#)

Important Dates



Wednesday, May 1st - Grades Due: 2nd & Full Semesters

Thursday, May 2nd - CTI's May Learning & Development days @ Dixie Leavitt Building from 10am to 3pm

Friday, May 3rd - CTI's May Learning and Development days @ Dixie Leavitt Building from 10am to 1pm

Friday, May 3rd - Summer Financial Aid Dispersment Starts

Monday, May 13th - Summer 2024 Term Begins, Summer Tuition Due

Wednesday, May 15th - SUU Employee Headshot Day @ 10am in the Upper Quad

Monday, May 27th - Memorial Day - No Classes, Campus Closed

Resources for You

Hey T-Birds! We want you to have a successful semester.



Here are a few campus resources that can help you finish out this semester strong! These are also great resources that you can use in the future. Remember these as you continue with your education!

- Look into the **Hope Pantry**. provides essential food and toiletry items to SUU and STECH students, as well as educational opportunities to develop food budgeting, meal planning, and cooking skills.

<https://www.suu.edu/hope-pantry/>



- Our SUU **Financial Wellness** team is dedicated to promoting a culture of financial well-being by providing students and families with the financial tools needed to succeed in their academics and beyond.

<https://www.suu.edu/financialwellness/>

▶▶▶▶ HEY SOUTHERN UTAH!

CONCERT

IT'S SHOWTIME

LIVE PERFORMANCE BY

The Award Winning
The W Duo

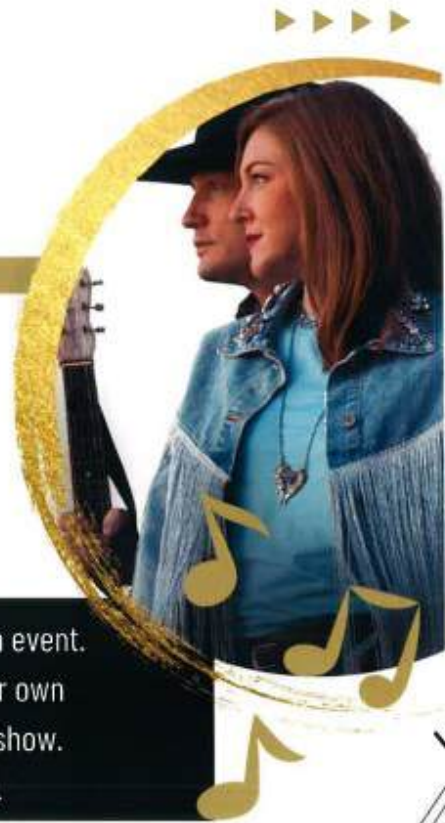
Join us for a **FREE** community appreciation event.
Bleacher seating is available or bring your own
chairs for a close-up & lively interactive show.
Food is available to purchase onsite.

Diamond Z Arena
11 S Cross Hollow Dr, Cedar City, UT
May 3rd, 2024 | Doors Open 5pm
Concert Starts 6pm - 8pm

FREE REGISTRATION

****MUST Register For
Your FREE Ticket**

bit.ly/cedarcityfreeconcert



Sponsored By:



ROGD is not liable for any personal injury, property damage, or any other loss that may occur during the event

SUU YOUTH ENGINEERING ACADEMY AGENTS OF INNOVATION



Six weeks of camps offered: June 3-7, 10-14, 17-21 and July 8-12, 15-19, 22-26
Each camp is one week-long with half-day or full-day options.
Camps are split into four groups based on grade.

K-2nd Grade Classes

- Computer Coding: Scratch Jr
- Junior Robotics
- Theater/Scratch Jr

3rd-5th Grade Classes

- Computer Coding: Scratch
- Robotics
- Theater/Scratch

6th-8th Grade Classes

- Computer Coding: Web Development
- Tech Detective: Secret Messages
- Operation: 3D Laser Cutting
- Operation: 3D Printing

9th-12th Grade Classes

- Computer Coding: Python
- Tech Detective: Solving Mysteries
- Operation: 3D Laser Cutting
- Operation: 3D Printing

REGISTER NOW!

<https://www.suu.edu/cecs/yea/>



\$50 per class
10% off orders
of \$150 or more
with code:
10off150

Register Now!

Mental Health Prevention Reminder

Preventing challenges and overcoming obstacles is an essential aspect of personal and professional growth. Here are some resources you can use to proactively prevent and

Mental Health Resources

Mental Health Resources Translated for T-Birds

You receive a lot of information about mental health resources available to you, but what does it all mean?

Timely Care

 Timelycare is an online platform (or app) that students can use to hold telehealth meetings (similar to a Zoom Meeting) with a licensed mental health provider or health coach!



Togetherall

 Togetherall is like Reddit for mental health! Students can anonymously post or comment on threads pertaining to mental health issues shared by peers.



Tao Connect

 TAO Connect is an online platform (or app) that is like Netflix for mental health. It is a streaming platform of videos containing mental health advice.



Trula Campus

 Trula Campus is a resource to SUU students that can help you to create connections with a peer mentor (in-person and on-campus).



NON-TRAD STUDENT HIGHLIGHT

We'd Love to Highlight You!

Our students' highlights this month :

Jamie Larson



Major: Management

What Makes You a Non-Trad: I am the mom of two beautiful girls.

About You: One of my favorite memories is attending orientation at SUU, walking under the towers with Annie by my side and Josie in my arms. It felt like the beginning of an incredible journey for all of us. Choosing SUU was a decision driven by my desire for education and the importance of setting an example for my little girls. It's become more than just a university to us.

We are highlighting non-traditional students in our newsletter! We love to see what our students are up to and would love to help you see some familiar faces on or off campus.

To be featured please fill out this form:

[Student Highlight](#)



Where to Find Community Events:

To stay up-to-date on all of the happenings around Cedar City please visit:

[Community Events](#)

Here you will be able to find information on festivals, farmer's markets, family events, and more!

Where to Find Campus Events:

To learn about what's going on on campus view the calendar here:

<https://www.suu.edu/events/>

Do you find this newsletter helpful?

Yes

Indifferent

No

SUU Non-Traditional Student Services

Reach Out
to Us!



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#nontradstograde

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