JULY 2024
NEWSLETTER

UPCOMING EVENTS

- **July 4, 7:30-11am**
  4th of July Parade and Breakfast

- **July 24**
  Pioneer Day-Campus Closed

SCHOLARSHIP SPOTLIGHT

Utah Education Disadvantaged Fund Grant

These grants are allocated to provide supplemental financial assistance for economically disadvantaged students at Southern Utah University. Priority will be given to full-time, undergraduate, first degree seeking students. Depending on eligibility, the maximum award is $600. Review of applications will begin one (1) month prior to the commencement of each semester. Awards will be given on a semester basis. You will need to re-apply each semester.

Requirements:

1. Must be a Utah resident and U.S. or naturalized citizen.

2. Must be enrolled in courses during the semester you are requesting funds for.

3. You cannot be on academic or financial aid probation. Academic and financial aid transcripts will be verified. Preference will be given to full-time students with financial need.

4. You must maintain a 2.5 GPA or greater.

5. You must have completed the 2023-2024 FAFSA application

6. Submit a Personal Statement describing the following: your academic and/or vocational achievements, personal goals, and any barriers you have overcome to achieve your goals. Please be specific with any financial barriers you have. or are currently experiencing.

7. Please provide a one page thank you letter addressed to the Utah State Legislators.

SCAN FOR MORE INFORMATION

Fill out the application HERE

ACADEMIC TOOLS

Time Management Tips for Busy College Students
By Purdue Global

1. Identify Time-Wasters and Set Goals
It's easy to get distracted. Pay attention to what draws your focus away from your studies and assignments.

2. Plan Ahead by Creating a To-Do List
Identify what you need to do, and then prioritize the tasks based on when the assignment is due and how much time you need to complete it.

3. Tackle Small Tasks to Start
It's easy to get overwhelmed by large projects and big exams, and the anxiety can make you want to procrastinate. Start with shorter, simpler to-do items, and then move on to larger projects or assignments.

4. Do One Thing at a Time
If you're trying to juggle multiple assignments and tasks, you'll likely end up being less productive. Turn off any devices that you can. And no matter what, don't switch to another task until the one before it is complete.

5. Establish Routines
Establish routines around the busiest times of the day for you.

6. Use Breaks Wisely
The time between work, classes, activities, and meetings can be used to complete tasks.

7. Take Time Off
It's important to take time for yourself. Long study sessions or chunks of time working on assignments should be broken up with time away from screens or textbooks. You need to give your mind a rest.

8. Learn to Delegate
Resist the urge to do it all. What household and routine tasks can you share with your friends and family? While your significant other, family members, or roommates won't be able to study for you, you can ask them to help out more around the house while you continue your education.

MILITARY TO CIVILIAN

Accelerated Credentialing to Employment (ACE) Program

The ACE Program is designed to assist Utah veterans, actively drilling members of the Guard and Reserve and their respective spouses, overcome barriers to employment or better employment by assisting them in attaining certificates and licenses using their military training and experience or by assisting with short-term training.

For any questions, please reach out to:
Rob Rutledge
(385)244-5804
rrutledge@utah.gov

TRIVIA

What is the name of the Canvas shell that we put all our students in as a resource?

The first 5 students to email the correct answer to veterans@suu.edu will be placed in a drawing for a Veterans Center trucker hat!